

*This course has moved to the Wyndham Denver Tech Center Hotel*

**October 19 & 20, 2007 • Denver, Colorado**

# Treatment of Complex Feeding/ Swallowing Disorders from NICU to Childhood

PRESENTED BY: **Cheri Fraker, MS, CCC/SLP-L, CLC**  
**Laura Walbert, MS, CCC/SLP-L, CLC**

COST: **\$389** includes an extensive course syllabus, continental breakfast, refreshment breaks and Certificate of Attendance

REGISTRATION DEADLINE: **October 12, 2007**

## COURSE OVERVIEW

The course is designed to instruct professionals in successful evaluation and treatment of children with complex feeding and swallowing disorders. Multi-disciplinary research based information pertaining to pediatric feeding disorders in the inpatient, outpatient and clinic setting will be presented with emphasis on treatment techniques to work with children with feeding aversion, behavioral feeding disorders, failure to thrive and prematurity. This course will also focus on the special topics of autism, cleft palate, cerebral palsy, Down Syndrome, developmental delay, visual impairment and treatment of the multi-challenged child. Fraker and Walbert's Food Chaining Program® will be demonstrated and discussed to help participants introduce foods in a systematic, non-threatening manner. Participants will write food chains during the second day of the course. DVD case studies will be utilized to enhance learning and facilitate audience interaction.

## COURSE OBJECTIVES

By the conclusion of this course, the participant will be able to:

- specify oral **sensory motor techniques** to improve lip seal, cheek activation, tongue position and jaw stability;
- demonstrate understanding of the use of **cervical auscultation** as part of the bedside evaluation of the swallow;
- demonstrate knowledge of the complexity of pediatric feeding disorders and the need for **multidisciplinary assessment and treatment**;
- write **comprehensive treatment programs** for the fragile and/or multi-challenged child;
- identify **appropriate nipples, bottles, cups** and utensils to use as tools to safely feed while promoting development and strength of the oral facial musculatures
- describe the techniques of **food chaining**, flavor mapping, transitional flavors/foods and use of the rating scales for evaluation of progress. (Fraker/Walbert);
- implement programs to meet the needs of the **non-oral feeder**.

**WHO WILL BENEFIT** – Speech/ Language Pathologists, Occupational Therapists, Dietitians and other healthcare professionals involved in pediatric feeding and swallowing disorders.

## SPECIFICS TO BE ADDRESSED:

### DAY ONE (Friday)

TIME	TOPIC
7:30-8:00 am	Registration/Continental Breakfast
8:00-8:15	Evidence-based research – medical journal articles
8:15-9:45	<b>Medical History: The Impact on Feeding</b> Neurological, respiratory, digestive tract disorders
9:45-10:15	Neuropathology of the swallow, cranial nerve assessment, Chari malformations
10:15-10:30	Break
10:30-Noon	<b>Assessment of the Swallow</b> Swallow trials, cervical auscultation, modified barium swallow studies, FEES studies
Noon-1:15	<b>Lunch on your own</b>
1:15-2:30	<b>Evaluation and Treatment of the Premature and Medically Fragile Infant:</b> Positioning, feeding techniques to improve coordination of the suck swallow breath sequence, and feeding products that optimally develop oral musculature and feeding skills
2:30-3:00	<b>Pre-Chaining Programs for the 1st Year of Life:</b> Preventative care, treatment for the non-oral feeder, oral care programs, preventing feeding aversion
3:00-3:15	Break
3:15-4:30	<b>Pre-Chaining Intervention Strategies</b> Therapeutic tastes, bolus control, spoon introduction, transition to solids, and cup drinking skills

### DAY TWO (Saturday)

7:30-8:00 am	Continental Breakfast
8:00-10:15	<b>Evaluation of Children with Feeding Disorders</b> Toddler growth, scheduled meals and snacks, feeding aversion, problem verses picky eating and managing mealtime behaviors
10:15-10:30	Break
10:30-Noon	<b>Food Chaining® Overview</b> evaluation of food repertoire, core diet evaluation, flavor mapping, flavor masking, transitional food, modifications and goals, family meal analysis and research
Noon-1:15	<b>Lunch on your own</b>
1:15-3:00	<b>Special Topics:</b> Treatment suggestions for children with failure to thrive, cardiopulmonary disorders, Down Syndrome, Autistic Spectrum Disorders, cleft lip and cleft palate, cerebral palsy, vision and hearing impairments
3:00-4:30	<b>Putting It All Together:</b> Case studies (audience participation)
4:30-4:45	Questions/Wrap Up

## WHEN & WHERE?

- **October 19 & 20, 2007**  
**Denver, Colorado**

**Wyndham Denver Tech Center Hotel**  
*Across the parking lot from Hyatt*  
7675 East Union Ave., Denver

**LOCATION** – Just off I-25 and Bellevue  
**PARKING** – Complimentary

## CONTINUING EDUCATION RECOGNITION

Each participant will receive a certificate documenting attendance/contact hours (see General Information for more details).

**CEPA is approved by the CEB of ASHA to provide continuing education programs.**

- Feeding Disorders course – offered for 1.3 CEU's or 13 contact hours/clock hours.

Content Area = Professional  
Instructional Level = Intermediate

## OVERNIGHT ACCOMMODATIONS

- **Wyndham Denver Tech Center Hotel**  
7675 East Union Ave.  
866-274-8487 RESERVATIONS  
303-770-4200 HOTEL DIRECT  
Rates: Thursday = \$119\* single or double  
Friday/Saturday = \$95\*

\*When reserving a hotel room, identify yourself with CEPA to obtain these rates.

**Cutoff on rooms – October 13, 2007**

**ARRIVING BY AIR?** – We suggest Super Shuttle – cost = \$19 one way, \$34 round trip

*NOTE: Due to a Hyatt scheduling problem, this course has been moved from the Hyatt hotel listed in the brochure (Hyatt Regency Hotel Tech Center, 7800 E Tufts Ave.)*